



## Carroll County Public Schools Parent Health Questionnaire – Asthma

Student Name: \_\_\_\_\_

Date: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Grade: \_\_\_\_\_

You have indicated on the Emergency Procedure Card and/or health forms that your child has asthma or has a history of asthma. Please complete the following questionnaire and return to your school nurse as soon as possible.

1. At what age did the child's asthma symptoms start? \_\_\_\_\_

2. Describe symptoms experienced by child during an asthma exacerbation (circle all that apply):

- |               |                     |               |                     |
|---------------|---------------------|---------------|---------------------|
| Wheezing      | Dizziness           | Anxiety/Panic | Tight chest         |
| Coughing      | Shortness of Breath | Hoarse Voice  | Difficulty Speaking |
| Nasal Flaring | Blue Lips           | Hoarse Voice  | Difficulty Speaking |
| Other: _____  |                     |               |                     |

3. Common asthma triggers (circle all that apply):

- |                    |                             |              |
|--------------------|-----------------------------|--------------|
| Seasonal Allergies | Weather/Temperature Changes | Emotions     |
| Activity           | Illness                     | Other: _____ |

4. In the past 12 months, how often has your child had an asthma episode?

- Daily       Weekly       Monthly      Other: \_\_\_\_\_

5. Within the past 12 months, how often has your child had asthma episodes that resulted in:

- Hospitalizations: \_\_\_\_\_ time(s)      Date of last hospitalization: \_\_\_\_\_  
Visit to the ER: \_\_\_\_\_ time(s)      Date of last ER visit: \_\_\_\_\_

6. Does your child understand asthma and what he/she should do to manage it? Please describe:

\_\_\_\_\_  
\_\_\_\_\_

7. List current medications:

| Medication | Dose | How often used: | Side Effects |
|------------|------|-----------------|--------------|
|            |      |                 |              |
|            |      |                 |              |
|            |      |                 |              |

8. Will any medications be needed at school? If so, which medications?

\_\_\_\_\_



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9. If a student is unable to participate in the physical education program for a period in excess of three consecutive days, a physician's statement is required. The physician should state the nature of the disability/illness and the length of time the student's activity is restricted (please request PE modification form as needed).

10. Name and phone number of Health Care Provider managing treatment of asthma:

Health Care Provider name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

**Please note:** Medication will only be given following CCPS Medication Procedures. The information you supply will be handled in a confidential manner to be used by the school nurse to guide care if an emergency arises. If clarification is required beyond this form, the nurse will contact the parent/guardian and/or the child's health care provider. If you have questions, please call the school nurse.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

Received by School Nurse:

\_\_\_\_\_  
Nurse Signature

\_\_\_\_\_  
Review Date