

## **ACADEMY OF HEALTH PROFESSIONS: CERTIFIED NURSING ASSISTANT**

### **Foundations Standard 1 : Academic Foundation**

#### ***Human Structure and Function***

Apply science concepts in the assessment & delivery of care

#### ***Medical Mathematics***

Apply medical mathematics

### **Foundations Standard 2 : Communication**

#### ***Concepts of Effective Communication***

Demonstrate effective communication

Report relevant information in acceptable time frame

Explain the difference between subjective and objective information

#### ***Medical Terminology***

Use medical terminology

#### ***Written Communication Skills***

Demonstrate written communication skills (class & lab& clinic)

### **Foundations Standard 3 : Systems**

#### ***Healthcare Delivery Systems***

Compare & contrast different healthcare settings

### **Foundations Standard 4 : Employability Skills**

#### ***Demonstrate Personal Traits of the Healthcare Professional***

Work Effort

Safety

Organization

On Task Behavior

Responsibility

Initiative

Team Work

Respect

Interpersonal Skills

Professional Appearance

#### ***Employability Skills/ Preparation***

Update health career portfolio

#### ***Career Decision Making***

Describe careers within the health science pathways

Apply career decision-making skills

### **Foundations Standard 5 : Legal Responsibilities**

#### ***Legal Implications***

Apply procedures for accurate documentation & record keeping

### **Foundations Standard 6 : Ethics**

#### ***Ethical Practice***

Apply legal practices (HIPAA, confidentiality, patient rights & privacy)

### **Foundations Standard 7: Safety Practices**

#### ***Safety and Infection Control***

Demonstrate safe practices

Demonstrate infection control practices

Identify, respond to, and/or report emergencies or safety hazards

### **Foundations Standard 8: Teamwork (See Foundations Standard 4-Teamwork)**

#### ***Healthcare Teams***

Demonstrate effective teamwork (*Do Not Score*)

## **Foundations Standard 9: Health Maintenance Practices**

### ***Health Behaviors***

Apply behaviors that promote health & wellness

## **Foundations Standard 10: Technical Skills**

### ***Technical Skills***

#### **Provide Personal Hygiene And Comfort Measures**

perineal care)	Administer <b>complete bath</b> (including
razor)	Administer <b>partial bath</b> Administer tub bath/ <b>shower</b> /whirlpool Provide <b>hair, nail, and foot</b> care Demonstrate <b>shaving</b> (electric, disposable
hygiene	Change linens on <b>unoccupied bed</b> Change linens on <b>occupied bed</b> Perform routine, special, or denture <b>oral</b>
undressing	Provide assistance in <b>dressing</b> and
<b>Assist With Client Intake And Output</b>	
percentage	Assist with adult <b>feeding &amp; record meal</b>  Measure & record fluid <b>intake</b>  Measure & record <b>output</b> Assist client to use <b>toilet</b> /bedside commode Assist with <b>bedpan/urinal</b> Demonstrate <b>catheter care</b> in lab/clinic Observe/demonstrate <b>ostomy</b> care Observe <b>intravenous</b> flow & site and report
observations	
<b>Assist With Ambulation And Movement</b>	
dangle/transfers/ambulation	Use proper <b>body mechanics</b> Assist client with
motion exercises	Assist with active and passive <b>range of</b>  Apply antiembolism stockings in lab - <b>TEDS</b> Demonstrate <b>positioning</b> techniques Demonstrate use of a <b>mechanical lift</b>
<b>Measure Vital Signs</b>	
thermometer	Measure and record <b>temperature</b> with an oral
(manual)	Measure and record radial <b>pulse</b> (manual) Measure and record <b>respirations</b> Measure and record <b>blood pressure</b>
machine (automatic)	Measure and record vital signs using <b>V/S</b>  Measure and record <b>height and weight</b> Observe and check <b>oxygen</b> administration
<b>Practice Safety Measures</b>	

Apply physical restraints in lab/apply **safety**

**devices**

(alarms, mats, etc.)

**Foundations Standard 11: Information Technology Applications**

***Information Technology***

Identify records and files common to healthcare

Interpret information from medical records

**Complete Portfolio**

**Complete Mock Job Interview**